

JUNE 2024

The Benefice Magazine
for the Parishes of
St Peter & St Paul,
St Peter and St Luke



*St Peter and St Paul's,
Wem*



*St Peter's,
Lee Brockhurst*



*St Luke's,
Weston-under-Redcastle*

**THE BENEFICE OF
ST PETER & ST PAUL, WEM
ST PETER, LEE BROCKHURST
ST LUKE, WESTON-UNDER-REDCASTLE**

Rector

The Reverend John Christopher Jukes BTh (Hons) MA
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01939 235343
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Retired Clergy

Canon Dr William Price
Prebendary Rob Haarhoff
The Reverend Edith Quirey

Further details are available on our website: www.wemcofe.co.uk
and on Facebook@Wemparishchurch

ST PETER AND ST PAUL'S CHURCH, WEM

Churchwardens

Sybil Farmer 01939 232568
David Murray 01939 236134

Parish Reader

Katharine Murray

PCC Lay Chair

Sybil Farmer 01939 232568

PCC Treasurer

Caroline Sinclair 01939 232626

Organist

Glyn Williams 01939 234954

Sacristan

June Powell 01939 234412

Church Flowers

Sybil Farmer 01939 232568

Church Hall Bookings – Via website/Facebook

Baby and Toddler Group (Sweet Peas)

Alison Hope – E-Mail to alisonhope18@yahoo.co.uk

ST PETER'S, LEE BROCKHURST

Churchwardens

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Roger Ashton 01939 232425

Treasurer

Roger Ashton 01939 232425

PCC Secretary

Phoebe Ashton 07858 123669

PCC Lay Chairman

Tim Wilton-Morgan 07802 735769

Church Warden Emeritus

Robert Marsh 01939 200641

ST LUKE'S, WESTON-UNDER-REDCASTLE

Churchwardens

Frank Hosie-Kingham 01939 200618

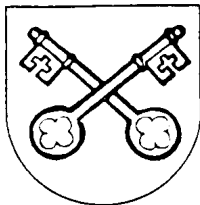
Helen O'Neill 01939 200663

Treasurer

Colin Holloway 01939 200682

Church Warden Emeritus

Arthur Fox 01630 685180



LEE



WEM



WESTON

SERVICES IN THE BENEFICE IN MAY					
DAY	DATE	SEASON	WEM	WESTON	LEE
Sunday	2 nd	Trinity 1	08:00 HE 09:45 HE	09:30 HE	11:15 HE
Thursday	6 th		09:30 HE		
Sunday	9 th	Trinity 2	08:00 HE 09:45 HE	09:30 MP	11:15 MP
Thursday	13 th		09:30 HE		
Sunday	16 th	Trinity 3	08:00 HE 09:45 HE	09:30 HE	11:15 HE
Thursday	20 th		09:30 HE		
Sunday	23 rd	Trinity 4	08:00 HE 09:45 HE 18:00 P&P	11:00 HE	11:15 HE
Thursday	27 th		09:30 HE		
Saturday	29 th	Armed Forces Service at the War Memorial	11:00		
Sunday	30 th	Trinity 5	08:00 HE	10:00 BENEFICE SERVICE	

HE—Holy Eucharist MP—Morning Prayer P&P—Praise & Prayer

The Season



Of Trinity





Notes from the Editor

Welcome to the June magazine!

Well, the two garden events are now over,

the one at The Gables, Meadow View was a modest success, footfall a little low but despite this we increased the takings from 2023 and the sun shone which is always a bonus. As usual Val's garden was looking splendid and had a number of interesting notices reading such things as "Work in progress" although I think if they had not been there no-one would have found anything out of place!



The afternoon at the Citadel was very busy, the weather perfect and the rhododendrons and azaleas were magnificent. The refreshments too were great and it felt like summer had really arrived at last! The Historic Churches Trust will certainly benefit from this event! (*see the report from Weston-under-Redcastle*)

We are now going into Proper time in the Church of England and for many weeks, with a few exceptions, our altar frontals and vestments will be green. June is the month in which we celebrate our patron saints St Peter and St Paul and in Lee Brockhurst we like to mark the event with something special such as coffee and biscuits after the service, or even a "Bring and Share" lunch, outside weather permitting!

Recently we had some really summery weather but by the beginning of the next week things were back to what appears to be our usual weather, not very warm and quite wet. This means that the lawns grow faster and of course the weeds, making more work for the gardeners. At last our cows are out of their winter quarters and enjoying the freedom of grazing in the pasture. They do not seem to worry about the rain and only go back under cover to get their supplements each morning.

Notable events for June are Saturday 1st June at 15.00 in St Peters and St Paul's, a concert in aid of The Royal British Legion, Wem Branch, who are celebrating their Centenary this year. Also on Thursday 6th June at 16.00 hours is a Service to Commemorate the D-Day Landings. On Saturday 29th June at 11.00 is a Service for Armed Forces Day at Wem War Memorial.

Finally our Benefice Eucharist is taking place at 09.30 at St Luke's Church, Weston under Redcastle.

That's all for now

Phoebe

Rectors Ramblings—June 2024

Just in case anyone has missed the announcement, on July 4th 2024 there will be a general election. The electoral campaigns have begun.

The reason that I am rambling on about the general election is because I have seen a number of interviews on the news where a person is stating that “they are not going to vote”, they don’t think there is “any point in voting”, and that they are “all the same”.

I would like to encourage all of you to vote in these elections. I believe that it is important for democracy in this country that everyone expresses their opinion at the polls. An Australian Project Manager once said to me, “in this country you get the government you deserve”. By this I take it to mean that if you don’t vote, the elected politicians may not reflect your views and priorities. By the way, in Australia it is a requirement that everyone votes. If you do not do so you are fined!

In the United Kingdom we have a Parliamentary democracy, that means that we elect people whom we think will best represent our views in parliament. If we do not vote we are abdicating our right to express our desire to a particular way of life.

I have often heard it said that we should keep religion out of politics, it is essential that we live out our faith in all that we say and do.

People have said that Jesus was not political, but Jesus was highly political, just not party political. He held to account the authorities of his time and was crucified for it. (For a scholarly argument see “*The Politics of Jesus*” by John Howard Yoder).

In our own time, the five marks of mission have been developed by



the Anglican Consultative Council. These marks were adopted by the General Synod of the Church of England in 1996.

The fourth mark of mission is:

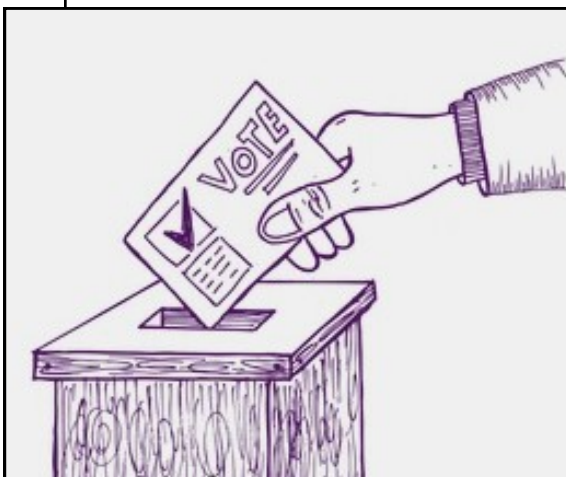
To seek to transform unjust structures of society, to challenge violence of every kind and to pursue peace and reconciliation.

In her book *Gathering at God's Table. The five marks of Mission in the Feast of Faith*, Katharine Jefferts Schori, a previous presiding Bishop of the Episcopal Church in the USA, writes 'We have a part in our neighbour's well-being. The death or mistreatment of any diminishes each of us' (page 138).

The Archbishop of Canterbury Justin Welby, In a speech to the Trades Union Congress (12/09/2018) criticised the corporations who shirked paying tax, saying "Not paying taxes speaks of the absence of our commitment to our shared humanity to solidarity and justice". These two people are attempting to highlight unjust structures in our society, and so mixing religion with politics.

As a final thought, in her book Katharine Jefferts Schori asks the questions 'Where is compassion moving in your life? What injustice is challenging you to act?'

This 4th mark of mission is a challenge to each of us on an individual basis. We are to do what we believe to be consistent



with our faith. We are called to proclaim the Gospel in words and deeds, and that includes voting.

Yours in Christ,

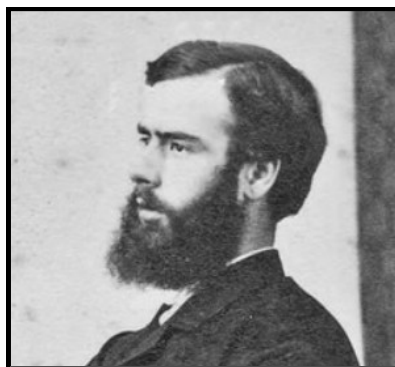
John.

Reverend John Jukes.

Canon William Continues With Insights Into Ministry In The 1870's

KILVERT IN JUNE

The Revd Francis Kilvert was a clergyman in the Wye Valley in Radnorshire and Herefordshire in the 1870s. His Diary gives us glimpses into ordinary life in his parishes, and I've selected some extracts from June in different years.



The Revd Francis Kilvert

Sunday 8 June 1872

I went to see Mrs Prosser at the Swan [the pub in Clyro], a young pretty woman dying I fear of consumption which she caught of her sister, Mrs Hope of the Rose and Crown in Hay. It was

a sad beautiful story. She was warned not to sleep with her sister who was dying of decline and told that if she did she herself would probably be infected with the disease. But her sister begged her so hard not to leave her and to go on sleeping with her that she gave way. 'What could I do?' she said. 'She was my only sister and we loved each other so'.

'I have been married seven years,' she said, 'and now my first child has come, a little girl, and it does seem so hard to go away and leave her. But if it is the Lord's will to take me I must be content to go. My left lung is quite gone,' she said looking at me with her lip trembling and her beautiful eyes full of tears.

'Mrs. De Winton came and broke it to me that I never could get better and she put it to me in this way, "Wouldn't I like to go and be with my dear sister again?" Mrs. De Winton has been like a mother to me, but I should like to live a little longer if I might now for the sake of the child'.

(This poignant extract speaks for itself. The deaths of children and young adults were so frequent that they were simply accepted as the usual way of things.)

Thursday 20 June 1872 – Kilvert on holiday in Liverpool

Eventually we came back to Liverpool [on a steamboat from New Brighton], got luncheon and went to see the Docks. Nothing gives one so vivid an idea

of the vast commerce of the country as these docks, quays and immense warehouses, piled and cumbered with hides, cotton, tallow, corn, oilcake, wood and wine, oranges and other fruit and merchandize of all kinds from all corners of the world. I admired the dray horses very much, huge creatures 17 or 18 hands high, more like elephants than horses. Liverpool boasts the finest breed of Flemish draught horses in the world.

Mrs. Gwatkin said that 15, 10 and even 5 years ago there was much more trade and wealth in Liverpool and much larger fortunes more rapidly made than now. There has been of late and there still is a stagnation of trade, a depression and deterioration of credit...

Liverpool left upon my mind an impression of ragged Irish bare-footed women and children. Enormous wealth and squalid poverty, wildernesses of offices and palatial counting houses and warehouses, bustling pushing vulgar men, pretty women and lovely children.

(Kilvert travelled a great deal by train. He often visited London, and his Diary contains memorable accounts of visits, among others, to Oxford [his former university], St David's, Canterbury, Cornwall, and the Isle of Wight.)

Saturday 1 June 1878

At Priscilla Price's, Mary the idiot made signs that she was very ill and going to die. She pressed her hand on her side and said, 'Puff, Puff'. Priscilla interpreted for her. 'That means "die"', she said. 'Bom, Bom,' said the idiot. 'She means the great bell will toll over her grave,' said Priscilla. The idiot rose and curtsied profoundly. 'That is,' said Priscilla, 'that after she is dead she will rise and curtsy to everyone who has been good to her. 'Yes, yes,' said the idiot. 'She is not willing for me to die before her,' said Priscilla. 'No, no!' exclaimed the idiot. 'Poor Prissy'. 'The will of the Lord be done,' said Priscilla. 'Amen,' said the idiot.

(Kilvert jotted down his experiences during the day in a notebook and early next morning he wrote his account of the previous day in his Diary, which was not like modern diaries with each day printed, but simply an exercise book. He seems to have enjoyed transcribing dialogues like this between Priscilla and Mary.)

William Price.

Working together to create safer spaces



Neil Spiring is Lichfield Diocese's Senior Lead for Safeguarding.

As a former social worker, I've seen far too many times the damage that abuse and exploitation does to those who suffer it. Often the effects endure for entire lifetimes and seriously affect a survivor's potential to foster good relationships, careers and wellbeing.

So it is heartening that the Church of England has taken massive strides forward in improving our safeguarding training and procedures in the last decade, albeit still not perfect. It's been a huge investment; not just in employing professional staff in the diocese to investigate issues and provide training, but also a significant sacrifice by clergy and volunteers in every parish.

As the diocesan senior lead of safeguarding, I'm truly thankful to all who give up time and energy to participate in that training on topics that are not entirely pleasant and sometimes emotionally difficult. But it is worth it. Together we are making our churches safer places for children and vulnerable adults. People in parishes across the country make sacrifices to do the training and then do the work of safeguarding. It truly is an act of love, fulfilling Jesus' command to 'Love your neighbour'.

Let me reassure you that it pays off. I was recently sent a safeguarding review from Lichfield Cathedral and within it were highlighted three instances where the care and training of volunteers and staff who are not safeguarding specialists showed its worth.

Bishop Jan (who is Acting Dean of the cathedral) writes: “Often the most difficult thing to measure is culture. How can we be sure that the attention we give to this important area of our work is making a difference? Three anecdotes stand out to me:



“The first was at the Chorister Christmas Party where one chorister had a forfeit during one of the party games. They were asked which three people they would expect to find in the cathedral and they announced, “The Cathedral Safeguarding Officer”. An excellent answer!

“The second relates to a young girl (11) who appeared at the Christmas Light Show. Each evening over 3500 people came to the cathedral, and within all of that busyness, several volunteers identified the young girl behaving oddly and they called the nominated safeguarding officer for that evening. This situation was unusual and it became clear that we needed to respond in ways other than we might usually do, and I am pleased to report that the team adapted incredibly well and ensured the girl was safe until the Police arrived.

“Thirdly, during Evensong the Assistant Director of Music looked down from the organ loft and spotted someone they thought had been suspended from their church role. This was reported and investigated, and it would seem the individual should not be in church without an Agreement. A plan was swiftly put in place in consultation with the Diocesan Safeguarding Advisor (locally and also from the appropriate diocese) and the cathedral’s front-line team, so that if the individual re-appears we are able to offer suitable challenge.”

Together, they achieved far more than a single vicar or Parish Safeguarding Officer achieves on their own.

For all questions about safeguarding and safeguarding training, please visit our web pages: www.lichfield.anglican.org/safeguarding



COUNTRYSIDE MATTERS — JUNE

from ROGER
ASHTON



Summer at last! Well, after a very protracted wet winter and spring we have reached better weather with that warm dry last half of April.

How pleasing it is to have those longer daylight hours and a strong sun. The wearing of shorts and polo shirt is now possible again!

The farm has sprung into life with all the rapid pasture growth and new leaf and blossom on the hedgerows and trees. Our dairy heifers can now be turned out to grass, how they enjoy that fresh tasty nutrition and freedom of the fields. We are a fortnight later this year. Field cultivations can now progress too and it is a great relief to get the maize sown, such an important crop for dairy herd feeding with its ability to balance and complement grass silage. The ideal forage diet for milking cows is 50% grass silage and 50% maize silage. This keeps the Rumen in good health with the addition of some chopped straw and concentrate blend to provide the necessary extra energy and protein. A ruminant animal's digestive system cannot operate efficiently without adequate fibre, otherwise the rumen bacteria are depleted which will compromise the animal's health and its consequent economic performance. Young early summer grass and clover are delicious for cattle but it is low in fibre so although you would think it is the ideal natural food it does need to be managed carefully. An extreme situation could bring on a

condition called bloat where rumen gasses are trapped leading to a blown up gut putting extreme pressure on the main organs and if not dealt with quickly would be fatal.

This time of year the countryside is full of bird song particularly at dawn and this is therapeutic for the soul, what a difference it can make to relieve daily stresses of life. A walk in the countryside at this time of year with all its visual aspects and sounds can bring you closer to the real meaning of life and our God given gifts, so vital in our troubled world at present.



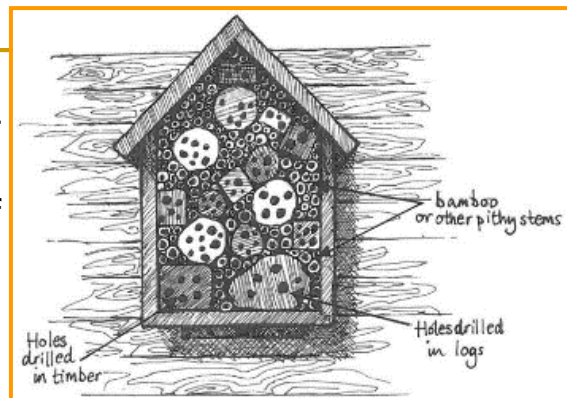
Solitary Bees

Did you know that there are about 270 species of bee in the UK of which 90% are 'solitary bees'. They get this name as, unlike bumblebees and honeybees they do not live in complex colonies but nest individually, with the female laying

one or a few eggs in a nest with a parcel of pollen and nectar to feed the young when they first hatch. Some of the more common types of solitary bees include Mason, Mining and Leafcutter Bees. Mason Bees build nests out of mud or clay. Have a look on the sunny walls of your church or chapel and see if there are any little mounds of mud, these could be mason bee nests. Mining Bees, nest underground, digging tunnels to create their nests. Areas of short grass and bare ground are preferred by mining bees. Burial grounds often contain small patches of bare earth or cracks in the ground around monuments which can be great for



them. Leafcutter Bees build a nest in a hole, crevice or hollow plant stem. They bite off circular pieces of leaf (particularly roses and bramble), which are then glued together using saliva to make a nest. Gaps between



stones, old bits of wood and rough corners where dead stems are left will all be used by a variety of solitary bees.

Solitary bees are particularly important pollinators, perhaps because they lack pollen baskets on their legs so pollen both attaches and brushes off quite easily, spreading it around. Have a look for red mason bee which tends to use bee hotels, how about ashy mining bee which is striped black and white or the signs that leaf-cutter bees have been taking circles out of plant leaves.

You can help solitary bees by having a wide range of wildflowers and native grasses and a mosaic of short, long and tussocky grassland. How about a scruffy corner with some hogweed or bramble out of sight of the church entrance? This provides excellent nesting or overwintering cavities. People love to make



bee hotels but don't forget that how you manage your local churchyard has a big effect too. Why not take photos of any bees you see and upload them onto the iNaturalist app which will both help you identify them and also make a record so others can see what you've found.

All the best, Harriet

Diocesan Churchyard Environmental Advisor.

harriet@cfga.org.uk, www.caringforgodsacre.org.uk

- individuals and groups in the diocese receive 20% members discount on all CfGA materials. Use the discount code diomem22

From the Friends of Whitchurch Road Cemetery

On behalf of the Friends of Whitchurch Road Cemetery, here are a few photographs for possible consideration for the magazine. They were taken



in early May during a visit by Councillors and Clerk of Wem Rural Parish Council.

The first shows how lovely the cemetery grounds are during no-mow May.

The second is a view inside the Chapel of Rest with some members of our group and three Councillors from Wem Rural Parish Council.



The third and probably the most significant shows Huw Edwards, Chair of Wem Rural Parish Council, presenting a cheque for £500 to Hazel Adkins, our Friends Group Treasurer. We are extremely grateful for this grant, which will be used for maintenance of the grounds.

Basil and Kathleen Chesworth are on the photograph and, as two of our founding members, we were delighted that they were able to be at this event. Some light gardening work was also carried out that day - hence the wheelbarrow!

Judy Crighton

CHILDRENS' QUESTIONS TO GOD

Dear God
I would like to know why all the
things you said are in **RED** ?

Joanne

Dear God
What does it mean you are a
jealous God.
I thought you had everything.

Jane



A Blast from the Past—Phoebe Ashton reminisces...

My time in the NHS: Episode One

I started my nurse training in 1960 only 12 years after the inception of the National Health Service in 1948. I trained at a London teaching hospital in London's East End. With the exception of two girls in my set we were all 18 years old, 42 in total, most were straight from school but one or two of us had done Nursery Nurse Training prior to joining Set 380. I remember well my mother accompanying me to Tredegar House on the bus with one suitcase and a travelling rug. She left me at the door and I was shown to my bedroom by one of the Sister Tutors who would teach us the rudiments of nursing care during our 3 month stint in Preliminary Training School. We were arranged alphabetically in our rooms and so we became friends with people with surnames starting with letters near our own. My name in those days was Lewis and my closest friends had the surnames Menzies and 2 Mitchells. I remember lying on my bed having unpacked my meagre possessions and wondering what on earth I had done. I had wanted to be a nurse since I was 7 years old and my heroine was Florence Nightingale but the reality of starting training was a bit daunting.

Our PTS training consisted of lectures on Anatomy and Physiology taught by a vast Sister Tutor called Miss Browning, Nursing Care was taught by Miss Sanger and Environmental subjects by Miss Hayward. Miss Bowden, who



must have been near retirement age was the Home Sister and looked after us like a mother. Of course we were all minors and the Sisters were in loco parentis and had strict control over our lives. A bell rang to summons us to breakfast after which we had morning prayers which included the The London Hospital Prayer, said at about 8.30 am by a kneeling Sister in every ward of the hospital, those of us who could play the piano accompanied the hymn. Then we did the cleaning, the whole of Tredegar House was kept clean by the Student Nurses and the Tutors would go round and check we had not missed anything by using a white duster on ledges etc. We were also paired off to make each other's beds (not our own in case we didn't bother). The classroom got very dusty because of the chalk used on the blackboards and we had special implements to clean the hair out of the brooms (like a large toothbrush with nails instead of bristles).

Here is an example of how being a minor impacted on our lives. One of my set stayed in London for the weekend and was taken by our senior tutor to a Christmas Bazaar at another hospital, She won a raffle prize, a copy of the newly published Penguin *Lady Chatterley's Lover* by D H Lawrence, this was confiscated by the tutor and only handed back to her when we went home for Christmas.

We were used as patients in the practical classroom and because I was very small I was used quite often; we also had a full size plastic model whom we moved about the bed learning lifting techniques and giving her bed baths. We practised non-touch technique for dressings and the use of Cheatle

forceps which were kept in carbolic acid and used to manipulate green towels to cover areas of the body especially in theatre.

We did not have proper uniforms at first but wore button through overalls called Purple Passions. We visited the hospital two tube stations up the road to look after real patients under strict supervision and also to be fitted for our uniforms which were made to measure and had been designed by Norman Hartnell. The first day we appeared on our first ward with our new uniform was one of great pride and all our patients were very complimentary about our appearance. In those days many patients were in hospital for weeks on end and were still in hospital after our 10 week's in PTS were over and we were starting to work on the wards full time.

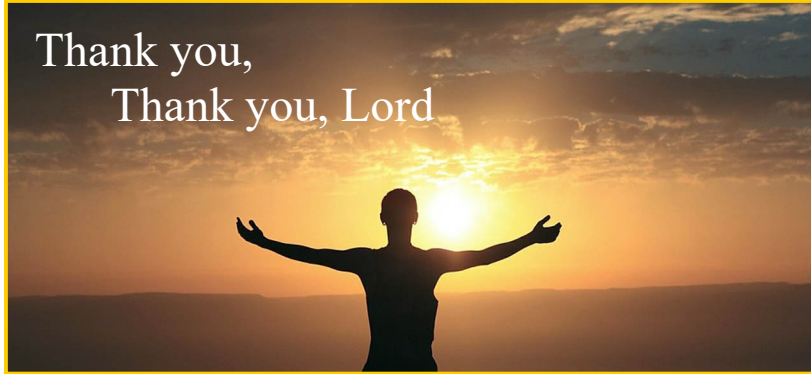
Between lectures we were taken out into the garden and ran round the tennis courts twice in just our Purple Passions, before returning for the next lecture supposedly with a clear brain! We were well fed having a cooked breakfast, coffee/tea and biscuits mid morning and a cooked lunch for which we had a rota to serve each other and the Sister Tutors. Then mid afternoon we had tea and cake and another cooked meal in the evening. If we wanted to go out in the evening we had to be back by 10.00 pm and in bed with the lights out by 10.30pm. The Tutors would knock on our door and say "Lights out Nurse".

This was our regimen for the three months that was our PTS training, we had an examination at the end of the three months and if we did not pass we were out! Or had to sit it again and drop down a set.

Starting in early October our set was lucky to finish in mid December and consequentially we had Christmas week off. Early in January 1961 we started to work full time on our first ward and moved up to accommodation in the hospital grounds, we were in Luckes Home, Eva Luckes was a former matron of the hospital. We were allocated to a Staff Nurse and there was some competition between the two Staff Nurses in teaching us new skills. I was taught to take out sutures and my friend was taught to take out clips (or visa versa) I forget which it was at this late date. During afternoon visiting Wednesdays, Saturdays and Sundays the Sister would take us in hand and teach us about various pieces of equipment or procedures or how to do a particular dressing on a patient. We were so lucky to have such a lot of support during our training.

More next month!

Thank you,
Thank you, Lord



All good giving and every perfect gift comes from above, from the Father of lights in heaven. With him there is no variation, no play of passing shadows.

The Letter of James 1:17

Sometimes we are pretty tight with our being able to say ‘thank you’ - we rush along through life and forget to count our blessings and forget to acknowledge from whence they come—from God our heavenly Father—and from those with whom we meet and share our lives day by day. Abbé Michel Quoist, in his inimitable way, wrote this prayer on Being Thankful.

Thank you, Lord, thank you.

Thank you for all the gifts that you have given me today.

Thank you for all I have seen, heard and received.

Thank you for the water that woke me up,

the soap that smells so good, the toothpaste that refreshes.

Thank you for the clothes that protect me, for their colour

and their style.

Thank you for the newspaper so faithfully there, for the comics,

my morning smile, for useful meetings,

for justice done and for big games won.

Thank you for the street-cleaning lorry and the men that run it,

for their morning shouts and all the early noises.

Thank you for my work, my tools, my efforts.

Thank you for the metal in my hands, for the whine of the steel biting
into it, for the satisfied look of the foreman



and the load of finished pieces.

Thank you for Jim who lent me his file, for Danny who gave me a cigarette, for Charlie who held the door for me.

Thank you for the welcoming street that led me there, for the shop windows, for the cars, for the passers-by, for all the life that flowed swiftly between the windowed walls of the houses.

Thank you for the food that sustained me, the glass of beer that refreshed me.

Thank you for the car that meekly took me where I wanted to be, for the fuel that made it go, for the wind that caressed my face and for the trees that nodded to me on the way.

Thank you for the boy I watched playing on the footpath opposite, Thank you for his roller-skates and for his comical face when he fell.

Thank you for the morning greetings I received, and for all the smiles. Thank you for Mother who welcomes me at home, for her tactful affection, for her silent presence.

Thank you for the roof that shelters me, for the lamp that lights me, for the radio that plays, for the news, for music and singing. Thank you for the bunch of flowers, so pretty on my table.

Thank you for the tranquil night.

Thank you for the stars.

Thank you for the silence.

Thank you for the time you have given me.

Thank you for life. Thank you for grace.

Thank you for being there, Lord. Thank you for listening to me, for taking me seriously, for gathering my gifts in your hands to offer them to your Father.

Thank you, Lord

Thank you.

Prayers of Life

Michel Quoist

ISBN 0-7171-0158-4



Letters

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Dear Phoebe

I am so delighted to see that this year, the Weston under Redcastle Village Show committee has chosen 'The Movement Centre' at the Robert Jones and Agnes Hunt Orthopaedic Hospital as one of their charities.

When we moved to RAF Cosford in 1991, I obtained a post as a physiotherapist in the Orthotic Research and Locomotor Assessment Unit. There I was privileged to work with Penny Butler who was just completing her Doctorate researching a biomechanical approach to assisting children with cerebral palsy develop head and trunk control. Such control is an essential prerequisite to the child being able to look around their surroundings, gain sitting balance and to be able to balance themselves as they walk. Thus, Targeted Training was born, and Dr Butler with support from her bioengineering colleague, Richard Major, established the Movement Centre as a charity to provide this very specific treatment.

Please do ask readers to have a look at:

www.themovementcentre.com

to learn more about the current work of this very special centre and support Weston's fundraising show.

Sybil

Dr Sybil Farmer PhD MSc MCSP (retired).



Hi Phoebe,

Thank you for sending out the magazine - it's something I really look forward to reading every month. Thank you very much for all your help and hard work in getting it out to us all! Happy May!

Best wishes

Jane Thompson and Dave Jackson

3 Lee Hill

Health Happenings

On a Thursday morning recently, you may have seen that the Shrewsbury and Telford Hospital NHS Trust (SATH) had a stall in the Town Hall for a drop-in session about the transformation programme. At this event I was able to meet members of the engagement team and learn something of the plans for developments at Royal Shrewsbury Hospital and Princess Royal Hospital. The team hold 'update meetings' on Microsoft teams. I found the meeting on 30th April interesting; you can view this meeting's presentations from the transformation programme team on U-tube.

<https://www.sath.nhs.uk/about-us/get-involved/public-participation-2/get-involved-with-us-2/http-focus-groups/hospital-transformation-programme-about-health-events/>

I also met Mike Crenshaw who is the chair of the Wem & Prees Medical Practice Patient Participation Group (PPG) and have been able to join this group. At a recent PPG meeting I, with others, offered to disseminate the practice newsletter so you may have read a newsletter from the practice manager Caroline Morris in the May magazine. I hope to make future newsletters available at our church coffee mornings and will leave some at back of church. If you wish to know more about the Wem & Prees PPG please look at:

<https://www.wemandpreeshealth.co.uk/patient-participation-group>

I intend to participate in these groups in the future in the hope of providing the patient perspective of an octogenarian!

Sybil



RIDE and STRIDE 2024

14 Sept 2024

(or another day if you can't do the 14th).



**Ride and Stride is a chance for YOU
to raise money for your Church.**

Anyone can join in - collect sponsors, then plan your own route - walk, bike, or car - visit some churches - enjoy the day.

The sponsorship money is split 50/50 between your local Church and the Shropshire Historic Churches Trust (SHCT), which uses all its share to award grants for church & chapel repairs and improvements, so 100% goes to our Churches.

This is definitely a 'Good Thing'.

R+S is **NOT** an event where church visits are centrally organised. The Trust does **not** have a 'central team' that plans any walking, cycling, or car rides.

NO ... It's something that Churches do for themselves.

'Ride+Stride' is a National event by the NCT and we, the SHCT, are pleased to support it. The basic ideas of 'Ride+Stride' are twofold:

- (1) Churches try to be open for visitors on Saturday 14 Sept from about 10 to 6, ideally with light refreshments (biscuits, squash; cake maybe). 85% of our Anglican churches were open last year, plus other denominations.
- (2) Anyone can visit some churches on foot, by bike, or by car. You get sponsored to do a Walk, Ride, or Drive - using our Sponsorship Form.

The next 'R+S Day' is Saturday 14th Sept.

But if you can't manage that date then you can go out on sponsored travels on any other day

- which is what a lot of people do. It is vital to maintain or increase the visiting aspect otherwise the event will cease like it has in Cheshire & Herefordshire.

It doesn't matter if 'your' church is open or closed. You can still go and visit other churches, even if your own church has to be closed (builders, etc).

September may seem like a long way away, but time flies. You can get a Sponsorship Form from our website www.shropshirehct.org.uk
Or contact me and I will get one to you.

The county raised £37,082 last year - a new record. So we, the Trust, are encouraging it to continue - even in parts of the county where it has fallen off the radar and, at present, there are few visitors to the open churches.

This event has much more potential. For example... Dorset raised £98,000 in 2023. This is 260% more than us, and it has a similar population to Shropshire. Well, actually 30% more, but raising so much for their churches is amazing. Maybe I'm not 'doing it right'!

PLEASE HAVE A GO THIS YEAR.

**Help keep our Churches & Chapels looking beautiful;
and open for the future.**

David Hardham

(Trustee - and County Organiser for Ride+Stride)

dhardham@yahoo.co.uk 01588 650362.



***A Request from Nichola Peers, Deputy Lieutenant
in Shropshire, to circulate the following:***

**The King's Award for Voluntary Service –
Shropshire Briefing Workshops 2024**

This award celebrates the outstanding work of volunteer groups across the UK. Groups do not have to be a registered charity and any volunteer-led organisation with three or more volunteers can be nominated.



The Lord-Lieutenant has been delighted to see so many voluntary groups in the county being awarded the highly prestigious King's Award for Voluntary Service. The award is the equivalent of an MBE and the highest award given to local voluntary groups in the UK, giving Royal recognition to the work done by volunteers. It not only helps raise the profile of the winning groups and acknowledges their work, but also helps them achieve funding, and she would like to support even more organisations across Shropshire win this award.

The Shropshire Lieutenancy will be holding 3 briefing sessions which will explain the award and the nomination process:

Tuesday 11 June 2024 – 2.30 – 3.30 pm

The Town Hall, 28-32 High Street, Wem SY4 5DG

Monday 17 June 2024 – 11am – 12.00 pm

The Council Chamber, Telford & Wrekin Council, Southwater One,
Southwater Way, Telford TF3 4JG

Tuesday 25 June 2024 – 7 – 8pm by zoom

We recommend attendance in person at one of the workshops in Wem or Telford as this gives the opportunity for members of the Shropshire KAVS panel to look in more detail at the individual group's eligibility. We have also added an evening zoom session.

For further information and/or to book a place please email Shelley Davies –
lieutenancy@shropshire.gov.uk.

Information can also be found on the KAVS website:

<https://kavs.dcms.gov.uk/>

The Parish Church of St Peter and St Paul, Wem

FROM THE PCC

It was good to welcome the two newly elected members, Glyn and Penny, to the PCC this month.

Two major projects are now progressing. The refurbishment of the hall kitchen is planned to take place from

late July through August, when the Sweet Peas will not be needing the hall. Damp proofing, some replastering and redecoration will be followed by new fixtures and fittings and improved provision for hygiene. These improved facilities will make the hall more acceptable to potential hirers.

You will probably have been made uncomfortably aware of the need for a new sound system in the church. From time to time we suffer from interference and some very unpleasant noises which really disrupt our worship. The PCC has now approved the upgrade we need. They are also investigating the possibility of installing video screens so that, as many churches now do, we can do without the bundle of books and papers we have to manage during services. It will also open up creative avenues for better communication through visual aids.

St Peter's school has asked the church to provide them with age-appropriate editions of the Bible for use in school assemblies – this we shall do. As has been the custom in the past, every Year 6 student will also be given a copy of one of the Gospels at the end of their time at the school.

The next meeting will be on 18 July. If you have any thoughts or ideas for things the PCC should be considering, you can always talk to the Wardens or PCC members – they are there to represent you.



PRAYER AND PRAISE

The new service, entitled Prayer and Praise has suddenly appeared in the regular service pattern, at 6pm on the fourth Sunday of the month. You may be wondering what this is all about.



You could say it does what it says on the tin. A simple liturgy, songs, readings and prayers, some opportunity for quiet reflection. Each month will have some differences, some things the same. The music is more modern than traditional. Using a screen enables some visual input as well as words.

Each month we shall follow a theme. From April to July we are looking to understand better what it means to be the family of God. In April we began with the Fatherhood of God who knows us through and through. In May we move on to the friendship Jesus draws us into, with Himself and others. June's theme will be around the Holy Spirit who makes these relationships real; and in July we aim to focus on the open-ended family of the church in which everyone can have a place.

Prayer and Praise is lay-led by a small team. We hope that in time others will join us to help with the inspiration, planning and leading. Meanwhile do come, and let us know your thoughts about how we can sometimes do things a bit differently. We also hope that this will be a way in for some who find our church traditions strange. You may know someone like that. Why not ask them along?

Katharine Murray

STAGE and SCREEN
Free Military Band Concert
an invitation from GUY BOOTH
for

1st JUNE at St Peter and St Paul's Church, Wem

Dear All,

Some of you might know that I'm the Director of Music for the Lancashire Band of the Royal Artillery based up in



Bolton. On **Saturday 1st June at 1500hrs or 3pm**, which ever you use, we will be putting on a FREE, yes FREE concert for anyone who wishes to attend at St. Peters & St Pauls Parish Church in Wem. It's the culmination of a week of musical training for my band and we'd love to see as many of you as possible, otherwise it will feel rather lonely! There will be a collection at the end for the Royal British Legion Wem Branch to celebrate their 100th anniversary, so bring some cash! We will be playing their new march as composed by the amazing Mac McDermott and, who knows, he might even be persuaded to conduct. Really hope to see as many of you from the town as possible as this is a really rare opportunity to see a military band in action!

Guy Booth

The Parish Church of St Peter, Lee Brockhurst

THE ANNUAL COFFEE AND PLANT SALE

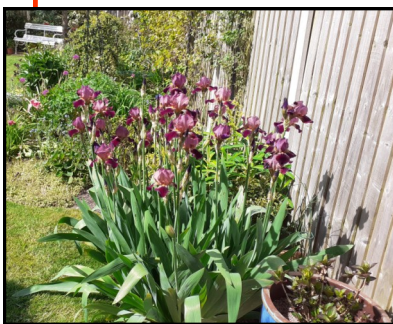
Val's garden was a picture on a sunny morning a couple of weeks back—the cold start was soon forgotten



as we tucked into coffee and a great array of biscuits and cakes, filling our pockets with raffle tickets, and perusing the selection of plants and seedlings for sale. The editor has

written about the event in her editorial concerning the financial ramifications, very important as the proceeds were for church funds, but for me it was the pleasure of being in such a well-loved space, warmed by the sun and enjoying the company. The Benefice was well represented

I look forward to collecting my purchases and watching



them grow as the season progresses. We didn't do too badly in the raffle either!

A very good morning altogether.

Rob.



**Come and join us for Coffee and Chat
at St Peter's Church,
Lee Brockhurst
On the following Wednesdays**

**15th May 19th June 17th July
18th September 16th October 20th November
and
12th December (note earlier date)
Between 10.30 and 12.00**

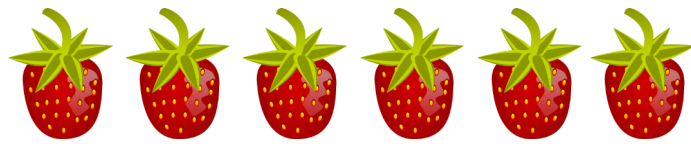
**No charge but donations towards church funds
welcome!**

**Further information from Phoebe on
07858123669
or phoebe42.lee@gmail.com**



Strawberry Tea
Saturday 20th July 2024
2.00-4.00 pm

At Brockhurst Farm



All proceeds to St Peter's Church
£10.00 per person
(children under 12 — £5.00)

Raffle and Produce Stall

Tickets available from
Phoebe & Roger Ashton
07858 123669 or 07751522486
Valerie Lusby 01939 235610

N.B. Entry by ticket only
(book early to avoid disappointment)



The Parish Church of St Luke,
Weston-under-Redcastle

WESTON NEWS



The Citadel Open Gardens Event

Despite the threat of thunder and lightning and flash floods it turned out to be a really lovely afternoon for the Open Gardens event in aid of Shropshire Historic Churches Trust at The Citadel on Sunday 12th May. PTO

164 people attended and strolled around the garden admiring the lovely Rhododendrons and Azaleas which were looking at their best.

A cream tea was served and Daphne's Plant stall was very popular.

A total of £1422 was raised which will be divided between St Luke's Church and Shropshire Historic Churches Trust. Thank you to all who supported the event and made it such a success.

Here are some pictures of the garden:





A MESSAGE FROM JACQUIE PEIRSON

Weston Coffee Morning. Sunday 12th May

A big thank you to everyone that supported our coffee morning.

We raised a fantastic total of £930!

Using the money, we purchased the binoculars which Olga's husband Sasha recommended, and a power pack to go with them.

We have packaged them up together with a huge amount of medication and it is all on its way to Ukraine.

Sasha is overwhelmed with all your generosity.

It's certainly helped him, to think we are all behind the Ukrainians.

Thank you all once again.

Very best wishes from all the Peirson family

WESTON UNDER REDCASTLE VILLAGE SHOW 2024

*DO HOPE YOU ARE ALL KEEPING THE DATE FREE TO HELP OR BRING
YOUR FAMILY AND FRIENDS TO THIS YEAR'S
VILLAGE SHOW ON SUNDAY 4TH AUGUST*

*AT THE LAST SHOW MEETING IT WAS DECIDED THAT THIS YEAR WE
WOULD SUPPORT 2 OUTSIDE CHARITIES TOGETHER WITH THE
VILLAGE HALL AND ST LUKE'S CHURCH.*

*THE MOVEMENT CENTRE AT THE ORTHOPAEDIC HOSPITAL WHO
PROVIDE SPECIALIST THERAPY TO HELP CHILDREN WITH MOVEMENT
DISABILITIES.*

*MORE INFORMATION CAN BE FOUND AT
WWW.THEMOVEMENTCENTRE.CO.UK*

*THE LINGEN DAVIES CENTRE—A CHARITY WHICH EXISTS TO
ENHANCE AND IMPROVE THE LIVES OF LOCAL CANCER PATIENTS AND
THOSE WHO ARE WATCHING LOVED ONES GO THROUGH
TREATMENT...*

*A CHARITY WE ALL HOPE WE WILL NEVER NEED.
WWW.LINGENDAVIES.CO.UK*





MANY OF THE ACTIVITIES AND EVENTS HAVE BEEN BOOKED, STILL LOTS MORE TO DO, BUT OUR MAIN TARGET NOW IS GETTING THE SPONSORSHIP TO PAY THE EXPENSES OF PUTTING ON THE SHOW. LICENCES, INSURANCE, PARAMEDICS, ADVERTISING, PRINTING, MARQUEES, TOILETS, BOUNCY CASTLES, ENTERTAINMENT, SHIRE HORSES, ETC, ETC.

LAST YEAR WE RAISED OVER £6,000 OF SPONSORSHIP WHICH ALMOST COVERED THE EXPENSES.

IF ANY OF YOU WOULD LIKE TO PUT AN ADVERT IN THE PROGRAMME, OR ANYONE YOU KNOW OR DEAL WITH WHO MIGHT BE INTERESTED, PLEASE LET US KNOW.

THE PROGRAMME CONTAINING THE ADVERTS IS A LOVELY GLOSSY BOOKLET WHICH SERVES AS A DIRECTORY FOR THE YEAR AND EACH VISITOR IS GIVEN A PROGRAMME TO TAKE HOME.

MORE NEWS AS WE PROGRESS, NEW IDEAS AND HELP ARE ALWAYS WELCOME.



THE SEASON OF TRINITY

Peace to you from God our heavenly Father.
Peace from his Son Jesus Christ
who is our peace.
Peace from the Holy Spirit, the life-giver.
The peace of the triune God
be always with you.

Thank you very much
to all our contributors.

The July Issue
needs your input by the 17th of June,
but definitely no later than 22nd, please.

All articles e-mailed to Phoebe Ashton
phoebe42.lee@gmail.com

In Word, please, and any Pictures as jpeg's

If you do not have access to a computer
a written article is OK.

Phoebe will type it up if you get it to her